

Nail Fungus

Clearer, Healthier Looking Nails

Nail fungus can be like the houseguest who never leaves. While some people are genetically prone to it, others, like athletes, may be more likely to get it due to damp feet. And though it's often merely a cosmetic problem, over time it can also cause pain or abnormal growth. Laser procedures offer a new alternative without all the health risks, allowing you to say goodbye once and for all to that pesky houseguest.

What To Expect

Laser Solutions For Clearer Nails

Laser procedures are a great alternative for clearer, healthier looking nails. Cynosure's PinPointe™ FootLaser™, for example, targets the fungus that lives in and under the nail.

The PinPointe procedure is performed in a doctor's office and takes approximately 15 -20 minutes per treatment. Some doctors file the surface of the infected nail—a process known medically as debridement—beforehand to enhance the laser's penetration.

During the laser procedure itself, you may feel a warming sensation and some mild pinpricks as the light penetrates your nails. Your doctor will probably make two passes with the laser over your infected nails and one pass over your uninfected nails.

After the procedure you can return to your regular activities immediately. You can even apply polish to your nails, if you wish (although you must remove any polish before the procedure).

FAQs

Are fungal nail infections common?

Yes. By some estimates, as many as 36 million Americans have fingernails or toenails (usually toenails) that have become discolored and disfigured due to a fungal infection of one kind or another.

How can I tell if I have one of these infections?

A nail that is discolored is an early sign. But you can't know for sure until you see a doctor and have a sample of your nail examined in a laboratory. Nails can become thick and discolored for reasons other than a fungal infection.

How long does the procedure take?

The procedure takes about 15 to 20 minutes for all ten toes.

Does the procedure hurt?

You may feel a slight warming sensation during the procedure but it is virtually painless.

How many procedures will I need?

Typically, one procedure improves the appearance of the nail; however, in most cases three treatments may be required.