

**STEVEN L. GINEX, D.P.M.**  
**PALM DESERT PODIATRY CENTER**

PATIENT: \_\_\_\_\_

**FOOT HISTORY:**

WHAT IS THE REASON FOR YOUR VISIT TODAY: \_\_\_\_\_

(a) HOW LONG HAVE YOU HAD THIS FOOT CONDITION? \_\_\_\_\_  DAYS  WEEKS  MONTHS  YEARS

(b) HOW LONG HAS CONDITION BEEN ACUTE OR PAINFUL? \_\_\_\_\_  DAYS  WEEKS  MONTHS  YEARS

(c) WAS THE ONSET GRADUAL OR SUDDEN? \_\_\_\_\_

On a scale of 1 - 10 (1 being no pain and 10 being the worst) what is your level of pain? \_\_\_\_\_

THE PAIN QUALITY IS:  BURNING  CONSTANT  DULL  SHARP  SHOOTING

THROBBING  TINGLING Other \_\_\_\_\_

ANY PREVIOUS FOOT TREATMENT? \_\_\_\_\_ IF SO, WHEN WAS THE LAST TIME? \_\_\_\_\_

FOR WHAT? \_\_\_\_\_

BY WHOM? \_\_\_\_\_

HOW FREQUENTLY TREATED? \_\_\_\_\_

RESULTS OF PREVIOUS CARE? \_\_\_\_\_

Height: \_\_\_\_\_ ft. \_\_\_\_\_ in Weight: \_\_\_\_\_ Lbs. Shoe Size: \_\_\_\_\_ N M W

**MEDICAL HISTORY:**

HAVE YOU EVER BEEN TREATED FOR OR DO YOU HAVE ANY OF THE FOLLOWING?

HEART DISEASE	YES / NO	VARICOSE VEINS	YES / NO
CIRCULATORY PROBLEMS	YES / NO	TUMORS (malignant or benign)	YES / NO
ASTHMA	YES / NO	RHEUMATIC FEVER	YES / NO
PNEUMONIA	YES / NO	POLIO	YES / NO
TUBERCULOSIS	YES / NO	YELLOW JAUNDICE	YES / NO
OTHER LUNG CONDITION	YES / NO	HEPATITIS	YES / NO
LOW BACK PAIN	YES / NO	BLOOD TRANSFUSION	YES / NO
LEG PAIN	YES / NO	ARTHRITIS	YES / NO
MUSCLE CRAMPS	YES / NO	BURSITIS	YES / NO
HIGH BLOOD PRESSURE	YES / NO	EPILEPSY	YES / NO
LOW BLOOD PRESSURE	YES / NO	KIDNEY PROBLEMS	YES / NO
COLITIS	YES / NO	STOMACH ULCERS	YES / NO
GOUT	YES / NO		

**CHILDHOOD DISEASES:**

MEASLES? YES / NO  
CHICKEN POX? YES / NO  
MUMPS? YES / NO

**FOR WOMEN ONLY:**

ABORTIONS? YES / NO # \_\_\_\_\_  
MISCARRIAGES? YES / NO # \_\_\_\_\_  
FULL TERM: YES / NO  
HYSTERECTOMY? YES / NO

PATIENT: \_\_\_\_\_

ARE YOU DIABETIC? YES / NO

TYPE OF DIABETES: TYPE 1 OR TYPE 2

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IF SO, HOW IS YOUR DIABETES CONTROLLED (drugs or diet)? \_\_\_\_\_

DOCTOR'S NAME AND ADDRESS: \_\_\_\_\_ LAST VISIT: \_\_\_\_\_

WHAT MEDICATIONS DO YOU TAKE REGULARLY? PLEASE LIST \_\_\_\_\_

ARE YOU ALLERGIC OR SENSITIVE TO: PAIN MEDICATION? \_\_\_\_\_ ANTIBIOTICS? \_\_\_\_\_

ADHESIVE TAPE? \_\_\_\_\_ IODINE \_\_\_\_\_ SHELL \_\_\_\_\_ LOCAL OR GENERAL ANESTHETICS? \_\_\_\_\_

IF YES, SPECIFY TYPE OF DRUG AND TYPE OF REACTION: \_\_\_\_\_

PHARMACY NAME AND ADDRESS: \_\_\_\_\_

PHARMACY TELEPHONE NO. \_\_\_\_\_ PHARMACY FAX NO. \_\_\_\_\_

PREVIOUS SURGERIES: (TYPE, DATES, COMPLICATIONS, if any:) \_\_\_\_\_

PAST SERIOUS INJURIES: (TYPE, DATES, COMPLICATIONS, if any:) \_\_\_\_\_

**PERSONAL HABITS:**

DO YOU CURRENTLY SMOKE? YES / NO HOW MANY PACKS/DAY? \_\_\_\_\_ HOW MANY YEARS? \_\_\_\_\_

DID YOU SMOKE PREVIOUSLY? YES / NO HOW MANY PACKS/DAY? \_\_\_\_\_ HOW MANY YEARS? \_\_\_\_\_ YEAR QUIT: \_\_\_\_\_

DO YOU DRINK ALCOHOL?  YES, EVERYDAY (5-7 day/week)  YES, OCCASIONALLY/SOCIALY  RARELY  NO

**SUBSTANCE ABUSE:**

\_\_\_\_\_ YES, I HAVE A CURRENT SUBSTANCE ABUSE PROBLEM. IF SO, PLEASE SPECIFY: \_\_\_\_\_

\_\_\_\_\_ YES, I HAD A PAST SUBSTANCE ABUSE PROBLEM. PLEASE SPECIFY: \_\_\_\_\_

\_\_\_\_\_ NO, I DO NOT HAVE A SUBSTANCE ABUSE PROBLEM.

WHAT IS YOUR OCCUPATION? \_\_\_\_\_ DOES IT INVOLVE MOSTLY  STANDING  SITTING

DO YOU EXERCISE REGULARLY?  YES, I DO THE FOLLOWING REGULAR EXERCISE: \_\_\_\_\_

NO, I DO NOT EXERCISE REGULARLY